DATE	NAME
DAIL	IN/AIVIL

## FEMALE SEABAG (COAST GUARD) CHECK-IN REQUIREMENTS

NEEDS	REQ'D	ITEM NAME	HAS	PUT IN SBAG	NEEDS	REQ'D	ITEM NAME	HAS	PUT IN SBAG
	1	Seabag				2	PT Shirts, USCG		
	2	Black Belts				2	PT Shorts, USCG		
	2	Belt Buckle Black				1	PT Sweatshirt, Blue USCG		
	1	Belt Buckle Brass				1	PT Sweatpants, Blue USCG		
	1	Ball Cap				2 PKG	Sanitary Napkins/Tampons		
	1	Dress Uniform Cover				1	Shaving Cream (Optional) (Needs Pressure Relief Tab)		
	1	Knit Watchcap				15	Razors (Disposable/Optional)		
	1 PR	Black Gloves				1	Shampoo (Bottle, No Pump)		
	1	Airforce Windbreaker				1	Conditioner (Optional)		
	1	Rain Coat/Liner				1	Hair Cream/Hair Gel (Optional)		
	10 PR	Black Socks				1	Soap Dish/Tray		
	2 PR	Dress Socks				4	Soap (Bar Only)		
	6 PR	White Socks				1	Toothpaste (Tube)		
	1 PR	Safety Shoes				1	Toothbrush Holder		
	1 PR	Tennis Shoes				1	Toothbrush		
	1 PR	Leather Dress Shoes				2	Deodorant (Stick)		
	1	Service Dress Blue Coat *				2	Baby Oil or Lotion (Optional)		
	1	Service Dress Blue Pants *				1	Chapstick (No Gloss) (Optional)		
	1	Dress Shirt *				1 PR	Shower Shoes		
	1	Necktab (Ascot) *				1	Comb or Brush (No Points)		
	4	Working Blue Shirts				1	Nail Clipper (Remove File)		
	4	Working Blue Pants				1/1	Stencil Pens (White & Black)		
	4	White Bath Towels				1	Shoe Polish Kit		
	2	White Face Towels				2	Pens, Black (Non-retractable)		
	10 PR	Underwear, Plain White				1	Writing Tablet (No Wire)		
	10	Undershirts, Blue				20	Stamped Envelopes **		
	8	Brassiers, White (No Underwire)				2	Blousing Bands, ODU Trouser		
	2	Undershirts, White (Crew/V-neck)				1 PKG	Hair Ties or Hair Pins		
						1	Navy Issue Coveralls		

<sup>\*</sup> Seasonal Dress Uniforms

## OTHER ITEMS PUT IN SEABAG

ITEM NAME	HAS	PUT IN SBAG	ITEM NAME	HAS	PUT IN SBAG

AWD SIGN STAFF SIGN

<sup>\*\*</sup> Optional Items